

AI

**2022
Business
Excellence
Awards
WINNER**

The Shredquarters

Best Personal Training & Gym Group
Southern England

PRICING & MEMBERSHIP INFORMATION

**THE SHREDQUARTERS
BRISTOL**

149 Whiteladies Road
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MEMBERSHIP OPTIONS

All of our memberships offer unlimited access to all of our classes including spin, outdoor classes, flex, Lift and our award winning Shred classes. The membership options give you a variety of flexible options to choose from.

ANNUAL MEMBERSHIP

You are locked in for a year but get our best price.

Price = £17.50 per week

FLEXI MEMBERSHIP

Offering more flexibility as you are locked in for 6 months.

Price = £20 per week

Super-flexi

Our most flexible option requiring only 2 weeks notice with the option to pause your membership for up to 2 weeks in any 8 week period.

Price = £25 per week.

All memberships are taken as weekly card payments processed through Stripe. We require two weeks written notification to make any changes or cancellations to your contract as long as you have completed your minimum term.

We look forward to welcoming you soon!